

Plainville Living Bread Food Pantry

Plainville United Methodist Church, 16 East Bacon Street, Plainville, MA, 02762. 508-695-9587.

Plainville Living Bread Food Pantry

Pick Up Hours for Clients

Wednesdays 6:30pm - 7:00pm

Drop Off Hours for Donations

Monday, Wednesday, Friday 9:00am - 12:00pm

Sunday 10:30am - 11:00am

This document was created by the Hockomock Area YMCA's Healthy Food Access Initiative in partnership with the Plainville Living Bread Food Pantry, and includes many items regularly recommended by nutrition professionals. We are committed to educating the community about the value of healthy eating for all. Please consider donating from the healthy donation list below to help the food pantry offer healthy foods to residents of Plainville and surrounding communities.

Healthy Donation List



Whole grains including brown rice, whole-wheat pasta, quinoa (pronounced keen-wah), whole grain crackers, or whole grain bread



Whole grain cereals with no more than 6 grams of sugar per serving including plain oatmeal and boxed cereals

Certified



Gluten-Free

Gluten free grains, breads, or cereals are welcome



Canned fruit packed in 100% juice



Canned vegetables, beans, or pasta sauces low in sodium



Hearty soups low in sodium such as lentil, minestrone, black bean, or turkey chili



Dry beans such as lentils, kidney beans, or black beans



Healthy snacks for school lunches (e.g. whole grain crackers, fruit cups in 100% juice)



Peanut butter, Sun Butter (for people with allergies), nuts or seeds (such as almonds, walnuts, or sunflower seeds)



Olive or canola oil



Beverages including bottled water, 1% or skim plain milk in individual size containers, non-refrigerated milk, 100% fruit juice boxes (less than 8 fl. oz. each), coffee, or tea



Personal hygiene products including disposable razors, toothbrushes, toothpaste, bars of soap, shampoo, deodorant, combs, brushes, feminine products



Household products including two ply toilet paper, napkins, paper towels, laundry detergent, and dish soap



Monetary donations (checks made out to the Living Bread Food Pantry and sent to the Plainville United Methodist Church)