The Parish Friend

A Newsletter of the Plainville United Methodist Church

September – October 2023

"The church at the heart of the community with the community at heart."

FROM THE PASTOR

As I write this essay, I am on day three of isolation at home due to testing positive for COVID. I am grateful for all the prayers and concern I have received and am especially grateful to David Hill for leading Sunday worship in my absence.

Day one was fairly uncomfortable but overwise this has been a mild illness, not unlike the flu. I cannot help but reflect what this might have been like two years ago, before vaccinations and current treatment was available. It is sobering to think of the experience of others, who suffered greatly, who still must deal with lingering effects or who died and left grieving loved ones behind.

For people of faith, whether we are passing through times of illness or enjoy good health for the moment, we trust that no matter what our present circumstance we have a God who knows us and loves us. Whether our lives be long or short, it is not for us to know why each turn of events happens. What matters is we know God loves us, and in the end, all things work to the good for those who love the Lord, who are called to his purpose.

Pastor Stuart



The Deadline to submit news and information for the November/December issue of *The Parish Friend* is 12noon on Monday, 10/23/23.

16 East Bacon Street, Plainville, MA 02762 www.plainvilleumc.net plainvilleumc@verizon.net Phone: 508-695-9587

Community Worship, Sundays at 9 am.

Rev. Stuart Tucker, Pastor Steve Haunschild, Pianist Kathy Trowbridge – Secretary

CHURCH SUPPERS TO-GO

October 14, 2023 Pot Roast November – No Supper – Visit our Fair on Nov 3rd from 11am–7pm for our famous Clam Cakes & Chowder!

December 9, 2023 Chicken, Broccoli Alfredo January 13, 2024 Chicken Pot Pie February 10, 2024 Lasagna March 9, 2024 Meatloaf April 13, 2024 Swedish Meatballs May 11, 2024 Chicken Parmesan

June 8, 2024 Oven Roasted Chicken

Suppers include dessert. \$14.00 ea payable in cash or check at time of pick-up. No dine in – Take out only. Pick up curbside in the church parking lot between 4:30-5:30pm. *MUST* pre-order by 12Noon the Thursday prior to the supper date by calling 508 695 9587 or send an email to plainvilleumc@verizon.net

CHURCH MEETINGS CHURCH COUNCIL and TRUSTEES

meet at 7:15pm in the Cate Room on Mondays, September 18th and October 16th.

ANNUAL COUNTRY FAIR NEWS!

Friday November 3rd, 2023 from 11am to 7pm



Hi Folks!

The annual Church Fair will be held on Friday, November 3rd from 11 to 7pm. Clean-up will be on Saturday, November 4th starting at 9am.

The Fair needs Y-O-U! Please volunteer to help at the Annual Country Fair. Your time and donations are definitely needed. Even 1 hour can be a big help. The Country Fair will have a Silent Auction, a Jewelry table, Hand-mades, Books, Antiques, Baked Goods and of course our Famous Snack Bar. Please start those handmade creations, collect some books to donate, think of items to bake, rummage through that jewelry box, donate an antique, create a basket for the silent auction and think about how YOU can help with the Fair' success. ...continued on next page.

If you can pick-up items for the Silent auction when they are available, please let us know.

Starting in September and until the Fair, we will have a freezer available at the Church for baked goods for the Church Fair. If you can bake for the Fair, cookies and anything else that would be wonderful! Please label everything and note if it has nuts or not.

Please contact Jill or Nancy with any questions, comments, or to volunteer.

The next Fair Committee meetings will be at 7pm in the Cate room on Monday September 11th, Monday October 2nd, and Monday, October 23rd to assemble baskets for the Silent Auction.

Set-up for the Fair will be Sunday October 29th after Church service and again on Thursday morning November 2nd at 9am. Please help.

Sincerely,
Jill Seaberg & Nancy Richardson



PARISH NEWS

Dear Friends at PUMC

Thank you for your prayers during our recent bereavement. We appreciate your kindness.

Tina, Chris and the Desprey Family

Dear Pastor & Church Family,

Thank you very much for your prayers and prayer letters you sent to us and Josh's parents after Josh's grandmother passed away. Your thoughtful way of sharing God's love with us is greatly appreciated!

Love, Jenny & Josh Fecteau

Dear Aunt Eileen & PUMC,

Thank you for the thughts and prayers. It means a lot to us and we hope we can stay in your prayers for years to come as y'all will be in ours.

Love, The Francos

To PUMC,

Thank you so much for your prayer letters and blessings. They mean a lot to me. They have had a positive influence on my healing. I am doing well now with more to come. My thanks to one and all. With Love, Bette Place

Dear PUMC,

I want to thank each and every one for my prayer letters that I have received. Thank you all so much.

Anonymous



FROM THE LIVING BREAD FOOD PANTRY

OUR WORK CONTINUES

In order to continue our work of feeding all who need food in Plainville, we consistently need donations of food. A list of foods to donate is on the church website under "Food Pantry" Please continue to donate during the upcoming months (September, October, January & February) when most donations drop off significantly. It is very easy to donate now by placing your items into our donation shed located in the parking lot near the back door of the church. You can drop off your non-perishable foods anytime by driving (or walking) into the parking lot when it's convenient for you. We check the shed frequently and remove donations regularly. You may also donate non-perishable food (No foods that require refrigeration or freezing) by using the green bin located at the Plainville Stop & Shop. Frequently Stop & Shop will have items at the end of the register which can be purchased for donation and placed into the bin.

FOR MONETARY OR GIFT CARD DONATIONS

Our Church Secretary is in the office on Monday, Wednesday & Friday from 9:00 a.m. until 12 Noon. Please use the Spring Street door which is closest to the office when making a monetary or Gift Card donation. If you would like to mail a check, please write it out to "Living Bread Food Pantry" and send it to the Plainville United Methodist Church, 16 East Bacon Street, Plainville, MA 02762.

The Pantry has a PayPal Account on the church website at www.PlainvilleUMC.net. If you have any questions regarding the Pantry, feel free to call the church office at 508-695-9587.

CURRENT ITEMS WE ARE IN NEED OF ARE...

Non-perishable foods such as Spaghetti-o's, beans, hearty soups, spaghetti sauce, coffee, canned vegetables, canned fruit (in 100% juice) and healthy snacks.

Toiletries such as bars of bath soap, shampoo & hair conditioner, feminine hygiene products, toothpaste & toothbrushes, deodorant for men & women, disposable razors, shaving cream, Q-tips, lip balm, hand & body lotions, Gold Bond powders.

Household items such as liquid dish soap (for washing dishes), dishwasher detergents, paper towels, 2-ply toilet paper, laundry detergent, dryer sheets, kitchen sponges, tissues.

...continued on next page.

HOW YOU CAN HELP...

Please bring in extra vegetables from your garden or if you find a great sale in the stores.

**PLEASE NOTE - We can only accept perishable foods on Wednesdays – between 8am – 10:30am is preferred, however, our Church Secretary is in the office until 12 Noon and pantry volunteers are back in the pantry around 4:30pm on Wednesdays. Please don't leave fresh produce, anything requiring refrigeration or freezing, in the Pantry shed out in the parking lot.

THANK YOU!

Thanks so much for all your donations and support. We couldn't feed people without your continued and generous support. Thank you to all our hard-working volunteers who are faithful to their work at the pantry. It takes many hands to keep our pantry running. Together, donors and volunteers, we are making sure that no one in Plainville ever goes hungry.

Faithfully, Bethany Cloutier, Pantry Co-Coordinator



Help is Needed the 2nd Wednesday of each month, year 'round, to help us unload the truck from the Greater Boston Food Bank – right here in our parking lot. The truck arrives around 12:30pm. We have dolly carts to help unload and get the foods into the pantry. This takes an hour or less most of the time to do. Feel free to bring a friend, teenager or neighbor with you to lend a hand. Please send an email to the church at plainvilleumc@verizon.net if you can lend a hand.

Next Dates — September 13th and October 11th. Together, with your help, we *DO* make a difference!

We are "the church at the heart of the community with the community at heart." **THANK YOU!**



NEW – FLASHFOOD APP SAVES YOU UP TO 50% ON EVERY PURCHASE MADE USING THE APP!

Save money and fight against Food waste! Want to save up to 50% on groceries? Here's how:

- •Download the FlashFood app to your cellphone.
- •Find store locations near you (Stop-n-Shop in Plainville and No. Attleboro are listed as a participant!)
- •Choose your discounted food items from the app
- Pay right in the app using any major Credit Card, or VISA debit card.
- Then, pick up your FlashFood order at the grocery store. Head to the store, grab your food items from the FlashFood zone and quickly confirm your order with the customer service desk.
- Finally, enjoy good food, a great deal and the good deed – you just saved some food from the landfill!

The selection of foods changes daily if not more frequently based upon what is available when you are shopping thru the app. This program is *only* available through an app you download to your cell phone. *NOTE - Not available in-store*.

All foods chosen by the stores for FlashFood app purchases are *nearing* their expiration dates, but are still good to eat. Give it a try and let us know how it works out!



Suggested Foods for Collection –2023 The Living Bread Food Pantry

A Mission of the Plainville United Methodist Church 16 East Bacon Street Plainville, MA

BREAKFAST ITEMS Cold Cereals – esp low or no sugar added. Breakfast Bars, Cereal Bars, Granola Bars.

LUNCH ITEMS Lrg and Small Peanut Butter, Jellies and Jams, Marshmallow Fluff, Canned Tuna, Canned Chicken, Spaghetti O's - esp w/ Meatballs or Franks, Canned Beef Ravioli and Beef-a-Roni, Canned Chili, Beef/Chicken Stew, Hearty Soups especially with Beans.

<u>BEVERAGES</u> Canned Coffee, Non-refrigerated Juices – family sz bottles. Non-refrigerated Parmalat Milk (in the canned milk aisle) family sz cartons and individual "juice box" sizes – White or Chocolate. Lemonade drink mixes.

FRUIT - Canned fruits all packed in 100% Juice and Applesauce (including No-Sugar added).

CONDIMENTS Mayo, Mustard, Ketchup, Relish, Pickles, BBQ Sauce. Salad Dressings – especially Ranch and Italian.

SNACKS Graham Crackers, All varieties of Crackers. Healthy Fruit Snacks & Trail mixes, dried fruits and nuts. Pudding Mixes, Jello Mixes. Chips, Pretzels, Popcorn, etc.

<u>SUPPER ITEMS</u> Boxed Mac-n-Cheese, Hamburger Helper (for Ground Beef, Chicken or Tuna), Pasta and Sauces including alfredo sauce, Pasta Salad Kits, Baked Beans, Sloppy Joe Sauce, Taco Kits, Boxed Instant Potatoes & Mixes (Mashed, Cheesy, Scalloped, etc), Rice – sm bx or pouches of white/brown. Rice mixes such as: Pilaf, Spanish, etc., Canned Veggies – all types.

<u>ALL TOILETRIES</u> - such as bars of bath soap, shampoo & hair conditioner, feminine hygiene products, toothpaste & toothbrushes, deodorant for men & women, disposable razors, shaving cream, Q-tips, lip balm, hand & body lotions, Gold Bond powders.

<u>HOUSEHOLD ITEMS</u> such as liquid dish soap (for washing dishes), dishwasher detergents, paper towels, 2-ply toilet paper, laundry detergent, dryer sheets, kitchen sponges, tissues.

MONETARY DONATIONS are greatly appreciated to help us buy food from the Greater Boston Food Bank at pennies on the dollar, stretching your donations.

Make Checks payable to: Living Bread Food Pantry

Mail to: PUMC, 16 E. Bacon St., Plainville, MA 02762, ATTENTION: *LB Food Pantry*. Or drop off: to the Spring Street door on M & W 9am – 12noon and FRI 9am – 1pm.

The Living Bread Food Pantry helps to feed over 50 families <u>every week</u>, <u>year 'round</u>. Your support is strongly needed and greatly appreciated. Thank you for feeding the hungry in our community.